

SPEAKUP **CML**

Questions to ask if you are newly diagnosed with CML.

Depending on whether you're newly diagnosed with CML, or you're already on treatment, there are different questions you should consider asking your doctor.

1 Does my CML diagnosis impact my life expectancy?

2 What treatments are available to treat CML? How do they work?

3 Are there any treatment goals that I should try to reach?

4 When do most patients reach those goals?

Questions to ask if you are already taking a CML treatment.

1 I'd like to discuss the following side effects that I've recently experienced:
(check all that apply.)

- | | | |
|---|---|---------------------------------------|
| <input type="checkbox"/> Fever | <input type="checkbox"/> Fluid retention/swelling | <input type="checkbox"/> Rash/itching |
| <input type="checkbox"/> Diarrhea/nausea/vomiting | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Headache |
| <input type="checkbox"/> Muscle, and joint pain | <input type="checkbox"/> Bleeding/gastrointestinal bleeding | <input type="checkbox"/> Confusion |
| <input type="checkbox"/> Difficulty breathing/
shortness of breath | <input type="checkbox"/> Increased blood pressure | <input type="checkbox"/> Weight gain |
| <input type="checkbox"/> Bone pain | <input type="checkbox"/> Other (specify) _____ | |

These are not all the possible side effects of CML medications. Talk with your doctor about any side effects you may experience.

2 Here's how often I experience side effects:

3 Here's how side effects have impacted my daily life:

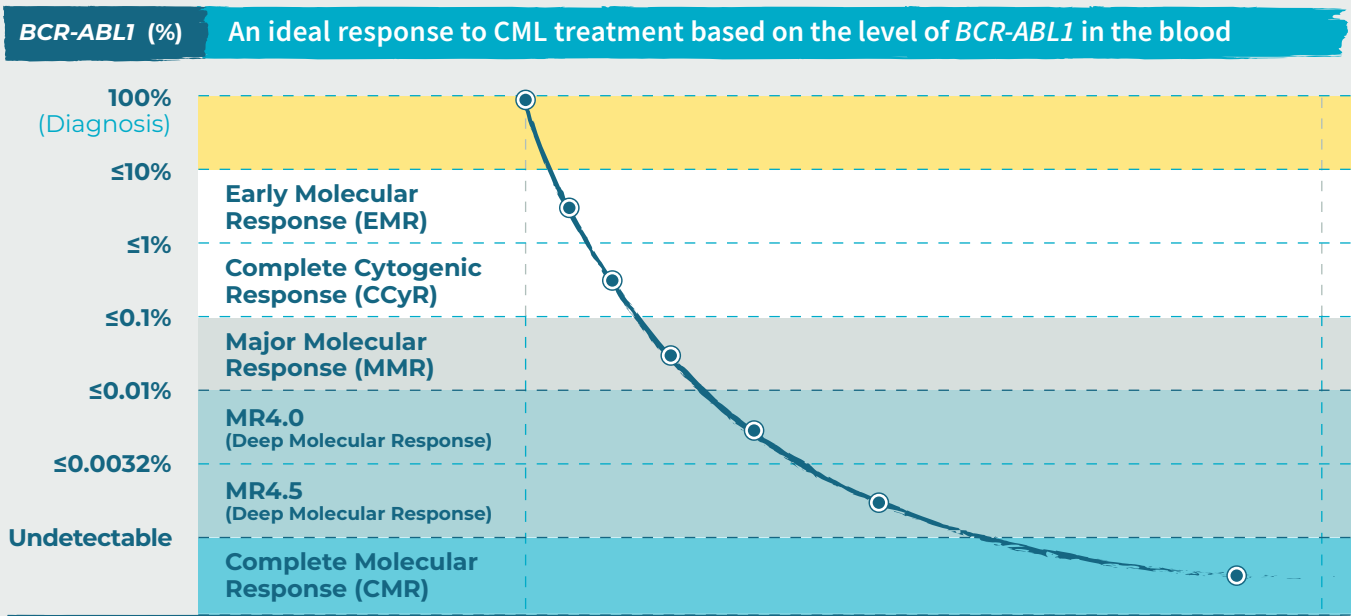
Interfered with my work: _____

Interfered with my social activities: _____

I've needed help with routine chores: _____

Other: _____

4 Discuss with your doctor where your *BCR-ABL1* results stand on the chart below.



This chart shows an example of how your blood counts may come down with medication. If your *BCR-ABL1* level increases, or you do not achieve your CML treatment goals, you may want to ask your doctor about other treatment options.

Treatment goals vary by patient. Not every patient will reach these CML milestones.

Tracking *BCR-ABL1* levels

The qPCR (IS) test measures your *BCR-ABL1* level and is the standard for monitoring response to CML medications. It is typically done every 3 months for 2 years, then every 3 to 6 months thereafter. Ask your doctor how often you should get tested.

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